

Carissa Dwiwardani

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EDUCATION

August 2011	Ph.D., Clinical Psychology	Rosemead School of Psychology Biola University La Mirada, CA
May 2008	M.A., Clinical Psychology	Rosemead School of Psychology Biola University La Mirada, CA
December 2005 Magna cum Laude	B.A., Psychology	Biola University La Mirada, CA

CURRENT POSITION

School of Psychology and Counseling, Regent University, Virginia Beach, Virginia

Assistant Professor & Psychological Services Center Assistant Director. August 2011 – Present

Dean: William Hathaway, Ph.D.

Supervisors: Linda Baum, Ph.D. & LaTrelle Jackson, Ph.D.

Teaching a research design course for Psy.D. students. As the Psychological Services Center (PSC) Assistant Director, duties include providing administrative assistant to the PSC director, supervising students who provide clinical services at the PSC, functioning as a liaison to students' clinical rotation sites and facilitating weekly clinical team meetings which include didactic and group supervision components.

CLINICAL INTERNSHIP

Richmond Area Multi-Services, Inc. (RAMS, Inc.), San Francisco, California

(APA – Accredited Clinical Psychology Internship)

Predoctoral Intern. September 2010 – August 2011 (1880 hours)

Director of Training: Alla Volovich, Ph.D.

Individual Supervisors: Alla Volovich, Ph.D., Katherine Eng, Ph.D., Jessica Katzman, Psy.D. & Bob Buckley, M.D.

Group Supervisors: Jan Gregory, Ph.D. & Clara Kwun, LCSW

A full-time internship at a community mental health center. Training emphasized intervention skills in working with clients who are chronically and severely mentally ill as well as training in cultural sensitivity to diversity. Clinical experiences included providing individual, couple, family and group therapy as well as completing a total of six integrated assessment batteries. Clientele served included adults and children who presented with a diversity of psychological disorders, cultural backgrounds and sexual orientation. Internship included two successive external rotations. The first rotation was a placement at a welfare-to-work program conducting intakes and providing group therapy for clients with substance abuse disorders. The second rotation includes conducting intakes, assessment and treatment planning at the Psychiatric Emergency Services of San Francisco General Hospital. Internship training included individual supervision (2 hrs/week), group supervision on psychotherapy (1 hr/week), group supervision on psychological assessment (1hr/week), individual supervision at external rotations (1hr/week), group supervision on Cultural Competency Project and Professional Issues (1hr/week), didactic training (3hrs/week) as well as case conferences (3hrs/month).

CLINICAL PRACTICA & EMPLOYMENT

09/2008–08/2010
(640 hours)

**County of Los Angeles – Department of Mental Health
Community – Correctional Academic Program – Psychology Extern**
Director of Training: LaTonya Wood, Ph.D.
Supervisor: Yoshado Lang, Ph.D.

Conducted assessment and wrote integrated psychological reports. Clientele consisted of culturally diverse adult clients who suffered from serious mental illnesses. Practicum included participating in individual supervision (1 hour/week) and bi-monthly didactic training (3 hours each) covering topics such as psychological assessment, correctional and forensic issues as well as a monthly diversity seminar.

09/2009-07/2010

Staff Therapist – Biola Counseling Center

Supervisor: Christina Lee-Kim, Ph.D.

Provided individual and couples psychotherapy to university and community clients (10-12 client case load) from a variety of ethnic backgrounds. Presenting problems included depression, anxiety, trauma and relational issues. Therapeutic modalities utilized included psychodynamic, Cognitive-Behavioral Therapy and Emotion-Focused Therapy (EFT) for individuals and EFT for couples. Additional responsibilities included conducting feedback sessions with clients on their MMPI-2 results and on-call responsibilities.

08/2009-05/2010

Student Supervisor for Psychodynamic Therapy Lab I & II

Faculty Supervisor: Nancy Duvall, Ph.D.

Duties included providing group supervision (75 minutes/week) on psychodynamic therapy for third year graduate students pursuing a doctoral degree in clinical psychology. In addition, received supervision (1 hr/week) on supervised students as well as an ongoing psychodynamic therapy case. Responsibilities also included assessing students' progress.

08/2008–08/2009
(673 hours)

Biola Counseling Center – Psychology Extern (Advanced Practicum)

University Counseling Center, La Mirada, CA

Supervisor: Christina Lee-Kim, Ph.D.

Provided individual and couple psychotherapy (8-10 client caseload) to university and community adult clients from a wide range of ethnic backgrounds. Presenting problems included depression, anxiety, trauma and relational issues. Therapeutic modalities utilized included psychodynamic, Cognitive-Behavioral Therapy and Emotion-Focused Therapy (EFT) for individuals and EFT for couples. In addition, was able to complete one full psychological assessment battery. Duties also included writing intake reports based on interviews and MMPI-2 results, as well as conducting feedback sessions with clients on their MMPI-2 results. Participated in individual supervision (1 hour/week) and weekly group seminars (1.5 hours/week) on a variety of clinically-relevant topics.

08/2007–05/2008
(186.5 hours)

Hacienda-La Puente School District – Psychology Extern
City of Industry, CA

District Supervisor: Janet Cameron,

Off-Site Supervisor: Stephanie Law, Psy.D.

Supervisors: Amy Kuo, Flora Yee, Keith Wescott (School Psychologists)

Administered, scored and interpreted a variety of cognitive functioning assessments of primarily Latino students with learning disabilities, attention-deficit and developmental disorders. Students' ages ranged from 8 to 16 year old. Wrote integrated reports based on test results, observations, teachers' reports and students' history. Attended weekly on-site group supervision (1 hour/week) and off-site group consultation (1 hour/week).

08/2007–05/2008
(196 hours)

Biola Counseling Center – Psychology Extern (Beginning Practicum)

University Counseling Center, La Mirada, CA.

Supervisor: Donna Huson, Ph.D.

Provided individual psychotherapy for university adult clients (2 client caseload). Conducted intake interviews for university clients and provided DSM-IV TR diagnoses on intake reports using information from interviews and MMPI-2 results. Attended group supervision (1.5 hours/week) and weekly group seminars (1 hour/week) for a variety of clinically-relevant training.

TEACHING EXPERIENCE

- 08/2008 – 05/2010 **Adjunct Faculty** – Statistics with Computer Applications
Biola University
- Duties included lecturing twice weekly on basic statistical concepts as applied to social research to 30 undergraduate psychology and sociology majors. Responsible for evaluating students using quizzes and exams.
- 08/2007–05/2009 **Instructor** – Lab: Statistics with Computer Applications
Biola University
- Duties included providing weekly lectures and hands-on training for approximately 30 undergraduate psychology and sociology students on the applications of statistics on Excel and SPSS (Statistical Package for the Social Sciences). Led students on a research project, starting from developing and administering a survey as well as analyzing and interpreting the data. Responsible for lesson planning and grading exams.
- 07/2008 **Instructor** – Abnormal Psychology
Universitas Pelita Harapan, Jakarta, Indonesia
- Taught an undergraduate summer class on abnormal psychology to 13 Indonesian psychology students. Evaluated students through exams.
- 08/2005–05/2008 **Teaching Assistant** – Statistics with Computer Applications
Biola University
Supervisors: Paul L. Poelstra, Ph.D., Jason Brunt, Ph.D. and Samuel Morgan, M.A.
- Assisted in grading class assignments and exams, managing grades spreadsheets as well as providing occasional lectures on various statistical analyses.
- 08/2004–12/2005 **Teaching Assistant** – Lab: Statistics with Computers
Biola University
Supervisors: Paul L. Poelstra, Ph.D. & Samuel Morgan, M.A.
- Actively participated in lab to provide troubleshooting, assistance and tutoring for a lab of 20-30 students in applying statistical analyses on Excel and SPSS. Responsible for grading homework, assisted in development of surveys and data entry.
- 08/2004–05/2008 **Tutor** – Statistics with Computer Applications and Lab: Statistics with Computers
Biola University
- Provided weekly individual tutoring for undergraduate students.

PUBLICATIONS AND PRESENTATIONS

Hill, P. C. & Dwiwardani, C. (2010). Measurement at the interface of psychiatry and religion: Issues and existing measures. In Peter J. Verhagen (Ed.), *Psychiatry and religion: Pushing back the boundaries. Explorations at the interface*. London: John Wiley & Sons, Ltd.

Dwiwardani, C., Hill, P. C., Edwards, K., Williams, J. & Bollinger, R. A. (2009, August). *Humility, a possession of the self-assured: An exploratory study*. Poster session presented at the annual convention of the American Psychological Association, Toronto, Canada.

Dwiwardani, C., Hill, P. C., Edwards, K., Williams, J. & Bollinger, R. A. (2009, April). *The role of implicit self-esteem in predicting humility among Christian college students*. Poster session presented at the annual convention of the Christian Association for Psychological Studies, Orlando, FL.

Dwiwardani, C. *Guilt Motivation*. A lecture presented in an undergraduate leadership course at Universitas Pelita Harapan, Jakarta, Indonesia. July 2007.

RESEARCH EXPERIENCE

05/2006–07/2010

Research Activities – Biola University

Supervisor: Peter C. Hill, Ph.D.

Participated in a small research team that met weekly to discuss quantitative and qualitative projects on the humility construct. Dissertation project focused on the distinction between fragile and secure self-esteem, and their relationships with narcissism and humility utilizing the Implicit Association Test (IAT) as well as paper-and-pencil measures. Analyses of data were carried out using SPSS.

05/2009-08/2009

Data Analyst for Cultural Attitudes and Climate Study

Biola University

Supervisors: Pete Menjares, Ph.D. & Deborah Taylor, Ph.D.

Analyzed survey data on students' attitudes and beliefs about issues related to racial and ethnic diversity as well as perceptions of diversity initiative programs at Biola University. Analyses were carried out using SPSS.

06/2007–08/2007

Data Collection – Indonesia

Supervisors: Adam Cohen, Ph.D. & Peter C. Hill, Ph.D.

Collected data using the IAT as well as qualitative and quantitative paper-and-pencil measures on various religious and personality variables. Data collection was conducted in Indonesia involving 100 university participants from various religious and ethnic backgrounds.

08/2005

Research Project Intern – Indonesia

Supervisor: Paul Richardson, M.A.

Conducted a student interview project with elementary and junior high students from Charis National Academy, Malang, Indonesia. Conducted teacher and parent interview projects used to better teacher morale and teachers' team building.

Research Interests

Humility, implicit personality constructs, psychological measurements, cross-cultural issues in psychology

LEADERSHIP EXPERIENCES AND COMMUNITY SERVICES

06/2008	Liaison and Team Translator – Cross-Cultural Trip to Java Island, Indonesia
05/2007–05/2008	Diversity Representative – Student Government, Rosemead School of Psychology
05/2004–05/2005	President – International Student Association (ISA), Biola University
05/2003-05/2004	Outreach Board Leader - ISA, Biola University
08/2005-05/2007	Process-Oriented Group Leader - ISA, Biola University
04/2004	Paperwork Administrator - Los Angeles Outreach Trip, Watts, California
04/2003	Children’s Program Facilitator - Mexico Outreach Trip, Tecate, Mexico

HONORS

Graduate

08/2006 – 08/2011	Dean’s Scholarship, Rosemead School of Psychology
08/2007 – 08/2011	International Leadership Grant, Biola University
08/2006 – 08/2007	Rosemead Scholarships
08/2006 – 08/2007	International Student Aid Grant, Biola University

Undergraduate

2002 – 2005	Dean’s List, Biola University
2003 – 2006	The National Dean’s Lists
2004 – 2005	International Leadership Grant, Biola University
2005 – 2006	Who’s Who among American Colleges and Universities
2005 – 2006	Distinguished Student in Psychology, Biola University

PROFESSIONAL AFFILIATIONS

2010 – Present	Northern California Society of Psychoanalytic Psychotherapy, Member
2008 – Present	American Psychological Association, Member
2005 – Present	Psi Chi, The National Honor Society in Psychology

LANGUAGES

Indonesian (native speaker)